



Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION



08 August 2024

REGIONAL MEMORANDUM

NO: 530.2024

**PARTICIPANTS ON THE TRAINING ON MENTAL HEALTH CRISIS
MANAGEMENT AND REFERRAL MECHANISMS**

To: Assistant Regional Director
Schools Division Superintendent
School Health Personnel Concerned
All Others Concerned

1. This office disseminates DM-OUOPS-2024-09-06026 titled "Training on Mental Health Crisis Management and Referral Mechanisms". The Training will be held on August 12-16, 2024, at DepEd Ecotech Center, Cebu City.

2. Participants from DepEd-Cordillera Administrative Region are as follows:

Name	SDO	Position/Station/Office/School
Hussein T. Saguinay	Abra	RN – SMHP Focal
Leonida Betat	Apayao	RN – SMHP Coordinator
Zareen Binay-an	Benguet	RN – SMHP Coordinator
Gladys B. Buya-ao	Ifugao	RN – SMHP Coordinator
Adriana Lapangan	Kalinga	RN – SMHP Focal
Marinelle Taclawan	Kalinga	RN – SMHP Alternate Focal
Warren Modawan	Mountain Province	RN – SMHP Coordinator
Shirly P. Labawig	Tabuk	RN – SMHP Focal

3. All participants are requested to register at https://bit.ly/PreReg_MHCRMTraining on or before August 9, 2024.

4. Attached is the DM-OUOPS-2024-09-06026 and the Tentative Program Matrix (Annex B) from the Bureau of Learner Support Service-School Head Division (BLSS-SHD) for details.

5. Travelling expenses of field participants shall be charged to the downloaded funds subject to the usual accounting and auditing rules and regulations.



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6. For questions and clarifications, please contact Georgina C. Ducayso, ESSD Chief at cellphone number 0928-781-6074, or Raymond S. Damoslog, Medical Officer IV through email at raymond.damoslog@deped.gov.ph.
7. Immediate dissemination and of compliance with this Memorandum is directed.

ESTELA P. LEON-CARIÑO EdD, CESO III
Director IV/Regional Director

For the Regional Director:


RONALD B. CASTILLO, CESO V
Assistant Regional Director

Enclosure: As Stated

ESSD/GDC/Isan/ Training on Mental Health Crisis Management and Referral Mechanisms
August 8, 2024



Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM

DM-OUOPS-2024-01-06026

**FOR : REGIONAL DIRECTORS AND BARMM EDUCATION MINISTER
SCHOOLS DIVISION SUPERINTENDENTS
ESSD AND SGOD CHIEFS
REGIONAL AND DIVISION SMHP COORDINATORS
ALL OTHERS CONCERNS**

FROM : ATTY. REVSEE A. ESCOBEDO
Undersecretary for Operations

**SUBJECT : TRAINING ON MENTAL HEALTH CRISIS MANAGEMENT AND
REFERRAL MECHANISMS**

DATE : July 29, 2024

Pursuant to the Republic Act No. 11036, or the Mental Health Act, the Department of Education (DepEd) shall pursue strategies that promote the realization of mental health and well-being in educational institutions. Further, DepEd shall guide the schools in providing support and services for learners at risk, and facilitating access of learners to treatment and psychosocial support.

In light of this, the BLSS-SHD will conduct a **Training on Mental Health Crisis Management and Referral Mechanisms** on **August 12-16, 2024**, at the **DepEd Ecotech Center, Cebu City**. The training aims to capacitate health personnel in responding to learners experiencing mental health crises.

The training will be attended by regional and division health personnel, preferably the School Mental Health Program coordinators. The number of participants per region listed in **Annex A**, and the tentative program matrix is attached as **Annex B**.

The costs of the board and lodging of the participants shall be charged against the BLSS-SHD FY 2024 LSP Current Funds. Meanwhile, the travel expenses of the participants may be charged to the School Mental Health Program Support Funds, which were downloaded to DepEd Regional Offices. Expenses incurred are subject to the usual accounting, budgeting, and auditing procedures.

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For the conduct of the aforementioned activities that will fall on weekends, holidays, or suspensions, the Regional Office and/or Schools Division Office is requested to provide Compensatory Time-Off (CTO) to the participants to compensate for time rendered that is supposed to be for personal use and rest.

For confirmation of attendance, all participants must register on this link: https://bit.ly/PreReg_MHCRMTraining on or before **August 7, 2024 (Wednesday)**.

For questions and clarifications, you may contact Ms. Carmella Mergenio, Technical Assistant II of BLSS-SHD, through email (schoolmentalhealth@deped.gov.ph | cc: carmella.mergenio@deped.gov.ph) or landline (02 8632-9935).

TENTATIVE PROGRAM MATRIX

TIME	ACTIVITY
DAY 1 (MONDAY)	
-	Arrival of Participants
1:00 PM – 2:00 PM	Registration of Participants
2:00 PM – 2:45 PM	Opening Program
2:45 PM – 3:15 PM	Health Break
3:15 PM – 4:30 PM	Program Overview
4:30 PM – 5:00 PM	Clearinghouse
DAY 2 (TUESDAY)	
8:00 AM – 8:30 AM	Management of Learning
8:30 AM – 10:00 AM	SESSION 1 Mental Health of Children and Adolescents
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	SESSION 2 Learner Rights and Mental Health
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:30 PM	SESSION 3 DepEd Mental Health Crisis Response and Management
2:30 PM – 3:00 PM	Health Break
3:00 PM – 4:30 PM	SESSION 4 Ethical Aspects of Mental Health Care
4:30 PM – 5:00 PM	Clearinghouse
DAY 3 (WEDNESDAY)	
8:00 AM – 8:30 AM	Management of Learning
8:30 AM – 10:00 AM	SESSION 5 Mental Health Screening in Crisis Situations
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 PM	SESSION 6 Providing Brief Mental Health Interventions
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:30 PM	Continuation of Providing Brief Mental Health Interventions
2:30 PM – 3:00 PM	Health Break
3:00 PM – 4:45 PM	SESSION 7 Making Effective Referrals
4:45 PM – 5:00 PM	Clearinghouse
DAY 4 (THURSDAY)	
8:00 AM – 8:30 AM	Management of Learning
8:30 AM – 10:00 AM	SESSION 8 Providing Postvention
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 AM	Continuation of Providing Postvention
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:30 PM	SESSION 9 Reporting and Monitoring Cases of Mental Health Crises
2:30 PM – 3:00 PM	Health Break
3:00 PM – 4:30 PM	SESSION 10 Preventing Mental Health Crises
4:30 PM – 5:00 PM	Clearinghouse

DAY 5 (FRIDAY)	
8:00 AM – 8:30 AM	Management of Learning
8:30 AM – 10:00 AM	SESSION 11 Caring for Carers
10:00 AM – 10:30 AM	Health Break
10:30 AM – 12:00 AM	Ways Forward
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 2:00 PM	Closing Program



Republic of the Philippines
Department of Education
BUREAU OF LEARNER SUPPORT SERVICES

OFFICE OF THE DIRECTOR

SAFEGUARDING GUIDELINES

Training on Mental Health Crisis Management and Referral Mechanisms

To ensure that everyone enjoys a secure and supportive environment, we have established comprehensive safeguarding guidelines. This aims to ensure the safety, well-being, and protection of all. This applies to all participants, including resource speakers, and the program management team. Please read and adhere to the following guidelines:

I. Safe Interactions During the Workshop

- a. Everyone shall ensure that respectful, non-violent, and non-sexualized interactions are observed during the Workshop. The use of foul and vulgar language is prohibited.
- b. Everyone is highly required to observe the following:
 - i. They should not share a room with the opposite gender unless consent has been properly obtained.
 - ii. They should not do the following as provided by Republic Act No. 113113 or the "Safe Spaces Act":
 1. Any acts such as cursing, wolf-whistling, catcalling, leering and intrusive gazing, taunting, pursuing, unwanted invitations, misogynistic, transphobic, homophobic and sexist slurs, persistent unwanted comments on one's appearance, relentless requests for one's personal details such as name, contact and social media details or destination, the use of words, gestures or actions that ridicule on the basis of sex, gender or sexual orientation, identify and/or expression including sexist, homophobic and transphobic statements and slurs, the persistent telling of sexual jokes, use of sexual names, comments and demands, and any statement that has made an invasion on a person's personal space or threatens the person's sense of personal safety;
 2. Acts such as making offensive body gestures at someone, and exposing private parts for the sexual gratification of the perpetrator with the effect of demeaning, harassing, threatening, or intimidating the offended party including flashing of private parts, public masturbation, groping, and similar lewd sexual actions;
 3. Acts such as stalking, and any of the acts mentioned in (a) and (b), when accompanied by touching, pinching or brushing against the body of the offended person; or any touching, pinching, or brushing against the genitalia, face, arms, anus, groin, breasts, inner thighs, face, buttocks or any part of the victim's body even when not accompanied by acts mentioned in (a) and (b); and
 4. Gender-based online sexual harassment acts that include acts that use information and communications technology in terrorizing and intimidating victims through physical, psychological, and emotional threats, unwanted sexual misogynistic, transphobic, homophobic, and sexist remarks and comments online whether publicly or through direct and private messages, invasion of victim's privacy through cyberstalking and incessant messaging, uploading and sharing

without the consent of the victim, any form of media that contains photos, voice, or video with sexual content, any unauthorized recording and sharing of any of the victim's photos, videos, or any information online, impersonating identities of victims online or posting lies about victims to harm their reputation, or filing, false abuse reports to online platforms to silence victims.

- iii. They should maintain a safe and appropriate distance from one another.

II. Workshop Facilitators / Resource Persons

- a. Workshop Facilitators / Resource Persons shall ensure that the visuals, words, and content presented are appropriate, and follow the principles of non-discrimination, gender sensitivity, and inclusivity.
- b. Workshop Facilitators / Resource Persons will have to acknowledge the diversity of the participants and be sensitive about this.
- c. If a certain topic discusses violence or any potentially distressing content, a trigger warning shall be placed at the start of the presentation.
- d. Workshop Facilitators / Resource Persons shall also pay special attention to the language, ensuring that this is safe for all participants.


III. Reporting Safeguarding Concerns during the Workshop

- a. If anyone wants to report a safeguarding concern while the Workshop is ongoing, he or she may approach any of the program management team.
- b. If anyone experiences distress or any protection concern during the Workshop, he/she may approach any of the program management team.

For cases or safeguarding concerns, please contact:

Carmella Joyce Mergenio

BLSS-SHD, Technical Assistant II
carmella.mergenio@deped.gov.ph


ATTY. SUZETTE T. GANNABAN-MEDINA
Officer-in-Charge, Director IV
Bureau of Learner Support Services
And Learner Rights and Protection Office