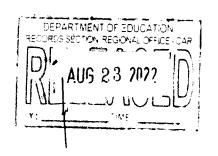


Republic of the Philippines

Department of Education

Cordillera Administrative Region



August 23, 2022

REGIONAL MEMORANDUM No. $426 \cdot 2022$

CONDUCT OF ONLINE REGIONAL SEMINAR ON SPORTS SCIENCE, NUTRITION, AND PSYCHOLOGY FOR OFFICIATING OFFICIALS AND COACHES

To: Assistant Regional Director Schools Division Superintendents Division Sports Officers All Others Concerned

- 1. As part of the Regional Sports program with an approved proposal, there will be a **Conduct of Online Seminar on Sports Science, Nutrition and Psychology for Officiating Officials and Coaches** on September 28-30, 2022.
- 2. This activity will serve as debriefing for the identified Technical Officials and Coaches who will eventually meet their students-athletes for face-to-face sports activities for School Year 2022-2023.
- 3. Expected participants of this activity are 1 technical official; 1 coach in elementary; and 1 coach in secondary. Each division is allotted 3 slots per event namely Archery, Arnis, Athletics, Badminton, Baseball, Basketball, Billiards, Boxing, Chess, Football, Futsal, Gymnastics, Lawn Tennis, Sepak Takraw, Softball, Swimming, Table Tennis, Taekwondo, Volleyball, Wushu and Sanggol, Wrestling, Pencak Silat, Dance Sport, Para Games. (See attached enclosure 1)
- 4. The webinar will use the Google platform with the link to be forwarded to the participants through their e-mail address a day before the conduct of the activity.

ESTELA P. LEON-CARIÑO EdD, CESO III
Director IV/Regional Director





Republic of the Philippines

Department of Education

Cordillera Administrative Region

Enclosure 1 to RM 426 - 2022

PARTICIPANTS FOR THE CONDUCT OF ONLINE REGIONAL SEMINAR ON SPORTS SCIENCE, NUTRITION, AND PSYCHOLOGY FOR OFFICIATING OFFICIALS AND COACHES

No.	Sports Event	Number of Participants (1 Technical
		Official, 1 Coach from Elem. And 1
		Coach from Sec. per SDO)
1	Archery	3
2	Arnis	3
3	Athletics	3
4	Badminton	3
5	Baseball	3
6	Basketball	3
7	Billiards	3
8	Boxing	3
9	Chess	3
10	Football	3
11	Futsal	3
12	Gymnastics	3
13	Lawn	3
14	Muaythai	3
15	Tennis	3
16	Sepak Takraw	3
17	Softball	3
18	Swimming	3
19	Table Tennis	3
20	Taekwondo	3
21	Volleyball	3
22	Wushu and Sanggol	3
23	Wrestling	3
24	Pencak Silat	3
25	Dance Sport	3
26	Para Games	3
27	Resource Speakers and TWG	10
	TOTAL	88

