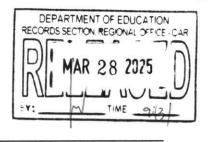


Republic of the Philippines

Department of EducationCORDILLERA ADMINISTRATIVE REGION



27 March 2025

REGIONAL MEMORANDUM No. 230.2025

PARTICIPATION TO THE 2025 CES EXECUTIVE LEADERSHIP AND WELLNESS CAMP (WELLNESS CAMP)

To: Assistant Regional Director Schools Division Superintendents All Others Concerned

All Divisions

- 1. This office hereby issues the invitation of Career Executive Service Board to the conduct of 2025 CES Executive Leadership and Wellness Camp (Wellness Camp) on April 22-25, 2025. The exact venue in Puerto Princesa, Palawan will be announced in an advisory by the CES Board.
- 2. The Wellness Camp is part of CESB's advocacy to promote overall wellness, work-life integration, and sustained productivity. Additionally, this program was developed in response to the request from Career Executive Service Officers (CESOs) for a seminar on holistic stress management that addresses not only physical and emotional well-being but also the spiritual and social aspects of wellness.
- 3. The registration fee is fifteen thousand pesos (Php 15, 000.00) participant inclusive of kit, meals and accommodation which may be charged against office funds.
- 4. Participation in this event is considered official business in accordance with CESB Resolution No. 81. Full and complete attendance will be credited as twenty-four (24) hours of training.
- 5. Interested participants may register online through this link: http://bit.ly/2025wellnesscamp.
- 6. Attached is a copy of the CESB letter for your reference and guidance.
- 7. For further queries and/or clarifications, please contact Rosita C. Agnasi, OIC-HRDD through email address at car.hrdd@deped.gov.ph.
- 8. Immediate and widest dissemination of this Memorandum is directed.

ESTELA P. LEON-CARIÑO EdD, CESO III

Director IV/ Regional Director

HRDD/RCA/ PARTICIPATION TO THE 2025 CES EXECUTIVE LEADERSHIP AND WELLNESS CAMP (WELLNESS CAMP)







Address: DepEd-CAR Complex, Wangal, La Trinidad, Benguet, 2601

Telephone No: (074) 422 – 1318 Email Address: car@deped.gov.ph







Republic of the Philippines CAREER EXECUTIVE SERVICE BOARD



21 March 2025

Dear Career Executive Service Officers and Eligibles:

Warm greetings from the Career Executive Service Board (CESB)!

We gladly invite you to the 2025 CES Executive Leadership and Wellness Camp (Wellness Camp) on 22 to 25 April 2025. The exact venue in Puerto Princesa, Palawan will be announced in an advisory.

The Wellness Camp is part of CESB's advocacy to promote total wellness, work-life integration and sustained productivity among executives. This pioneering capacity-building program within the bureaucracy was launched in 2009. The program was created in response to the Career Executive Service Officers (CESOs) clamor for a seminar on holistic stress management that not only deals with the physical and emotional states but also the spiritual and social aspects of wellbeing. The relevance of the Wellness Camp remains to this day as government executives continue to grapple with the constantly changing complexities of managing the bureaucracy.

Registration Fee is Fifteen Thousand Pesos (PhP 15,000.00) per participant inclusive of training kit, meals, and accommodation. The registration fee is non-refundable and slots are limited. Registration fee may be charged against agency/office funds. Participation in said event is considered as official business pursuant to CESB Resolution No. 81. Full and complete attendance is credited as twenty-four (24) hours of training.

Interested participants may register online through this link: http://bit.ly/2025wellnesscamp. For queries, please contact the CESB Professional Development Division (PDD) at e-mail: pdd@cesboard.gov.ph with the subject: 2025 CES Wellness Camp, or call us at telephone number: (02) 8951 4981 to 85 local 127 or 109.

We look forward to your active participation in this learning event!

Very truly yours,

MARIA MÁRCY COSARE-BALLESTEROS, CESO II

Executive Director



Scan to Register





