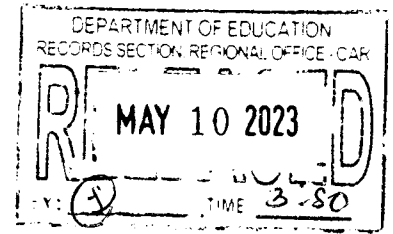




Republic of the Philippines
Department of Education
Cordillera Administrative Region



09 May 2023

REGIONAL MEMORANDUM

No. 208.2023

**MANDATORY PROVISION OF PSYCHOLOGICAL FIRST AID TO
LEARNERS AFFECTED BY DISASTERS**

To: Assistant Regional Director
Schools Division Superintendents
Heads, Public and Private Elementary and Secondary Schools
PDO II-DRRM

1. The Philippines is one of the most disaster-prone countries in the world. Being situated in the Pacific Ring of Fire and along the Typhoon Belt, the Country is exposed to many natural hazards, such as earthquakes, typhoons, volcanic eruptions, and landslides among others.
2. The occurrence of hazards or disasters often affect the mental health of the affected population, sometimes resulting to negative coping strategies. For learners, they may manifest anti-social behaviors, drop out from school or worse, inflict self-harm.
3. As a pre-emptive measure, all schools shall conduct Psychological First Aid (PFA) to affected learners after the occurrence of a wide-scale hazard, disaster or any mishap that may cause emotional or psychological trauma. In the event that there are no trained PFA providers in the school, the school shall coordinate with their district/ division health personnel, Division DRRM coordinator or Youth Formation Development Coordinator.
4. For easy deployment, Division DRRM coordinators shall maintain an updated list of trained PFA and or Mental Health and Psycho-Social Support (MHPSS) providers in their divisions, copy furnished the DepEd-CAR Regional Office through the Regional DRRM Coordinator, Education Support Services Division.



The report shall be in the following format and shall be submitted on or before June 15, 2023.

Division: _____

Name	Position	Station	With PFA-Training	
			YES	NO

5. For information, guidance and compliance.



Digitally signed
by Carino Estela
Leon
Date: 2023.05.10
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ESTELA P. LEON-CARIÑO EdD, CESO III
Director IV/Regional Director 

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