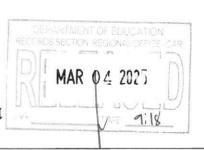


Republic of the Philippines

Department of Education

Cordillera Administrative Region



28 February 2025

REGIONAL MEMORANDUM

No: 149.2025

ADVISORY ON DENGUE PREVENTION AND CONTROL MEASURES IN SCHOOLS

To: Assistant Regional Director

Schools Division Superintendent School Health Personnel Concerned

All Others Concerned

- 1. In response to the concerning increase in dengue cases, the declaration of local outbreaks by a number of local government units, and the report that cases in the Cordillera Administrative Region are still at an all-time high, the Department of Education through the Bureau of Learner Support Services School Health Division (BLSS-SHD) hereby issues this Advisory on the Prevention of Dengue Fever.
- 2. To ensure the health and safety of learners and school personnel, schools and DepEd offices shall observe the 5S strategy of the Department of Health to effectively prevent and control cases of dengue fever, as follows:
 - a) Search and destroy mosquito breeding sites
 - b) Self-protection measures
 - c) Seek early consultation
 - d) Support fogging as a last resort or only in outbreak situations
 - e) Sustain hydration
- 3. Attached is the Memorandum DM-OUOPS-08-01192 dated February 18, 2025, titled "Advisory on Dengue Prevention and Control Measures in Schools" contents of which for information, guidance and appropriate action for all concerned.
- 4. Immediate dissemination and compliance with this memorandum is desired.

ESTELA P. LEON-CARIÑO Edd, CESO III

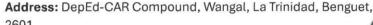
Director IV/Regional Director

Enclosure: As stated ESSD/GCD/grsm/ Advisory on Dengue Prevention and Control Measures in Schools









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Republika ng Pilipinas

Department of Education



MEMORANDUM DM-OUOPS-2025-08-019>

FOR

REGIONAL DIRECTORS

SCHOOLS DIVISION SUPERINTENDENTS

PRINCIPALS/SCHOOL HEADS/TEACHERS-IN-CHARGE

CONCERNED

ALL OTHER CONCERNED

FROM

MALCOLM S. GARMA

Assistant Secretary, Control of Charge,
Office of the Undersecretary for Operations

Dr. DEXTER A. GALBAN

Assistant Secretary for Operations

SUBJECT

ADVISORY ON DENGUE PREVENTION AND CONTROL

MEASURES IN SCHOOLS

DATE

February 18, 2025

In light of the alarming rise in dengue cases and the declaration of local outbreaks by several local government units, the Department of Education (DepEd), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD) hereby issues this Advisory on the Prevention of Dengue Fever.

Dengue fever is a mosquito-borne viral disease that poses a significant health risk. It is transmitted to humans through the bite of infected Aedes mosquitoes, primarily *Aedes aegypti* and *Aedes albopictus*. Common symptoms include high fever, severe headaches, joint and muscle pain, nausea, and rash. In severe cases, it can lead to life-threatening complications such as Dengue Hemorrhagic Fever (DHF) and Dengue Shock Syndrome (DSS)¹.

To ensure the health and safety of our learners and school personnel, the following measures must be observed and followed:

DENGUE PREVENTION AND RESPONSE MEASURES IN SCHOOLS

To effectively prevent and control cases of dengue fever, all schools are urged follow the 5S Strategy of the Department of Health, outlined as follows:

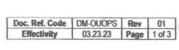
1. World Health Organization (2024). Dengue and severe dengue.





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1. Search and Destroy Mosquito Breeding Sites

- a. Conduct weekly clean-up drives in classrooms, restrooms, and school grounds;
- Remove stagnant water from plant saucers, old tires, roof gutters, and other water-collecting items;
- c. Properly cover water storage containers and dispose of waste properly;
- d. Regularly inspect school premises for potential mosquito breeding sites.

2. Self-Protection Measures

- a. Encourage learners and school personnel/staff to
 - Wear long-sleeved shirts, long pants, and socks to minimize mosquito bites;
 - ii. Apply DOH-approved mosquito repellents, when necessary;
 - iii. Maintain well-ventilated classrooms and install screens on windows and doors if possible.

3. Seek Early Consultation

- a. Parents and teachers should be vigilant in recognizing/identifying early signs and symptoms of dengue, which include, amongst others:
 - i. High-grade fever (39 degrees Celsius or higher) lasting at least 2 days, or possibly recurring over a 7 day period;
 - ii. Severe headache, dizziness, or unusual tiredness;
 - iii. Pain behind the eyes;
 - iv. Body aches, joint or muscle pain;
 - v. Skin rash;
 - vi. Nausea, vomiting, or loss of appetite.

If a learner has a high fever and any of these symptoms, they should be referred to a health facility immediately.

- b. Watch for danger signs requiring urgent medical attention:
 - i. Severe stomach pain;
 - ii. Persistent vomiting;
 - iii. Unusual bleeding (nosebleeds, gum bleeding, bruising);
 - iv. Extreme drowsiness, irritability, or difficulty breathing;
 - v. Cold, clammy skin or fainting.

If any of these signs appear, the learner must be rushed to a hospital without delay.

4. Support Fogging As a Last Resort or Only in Outbreak Situations

- Schools should coordinate with their Barangay Health Workers and Local Health Offices to assess the necessity of fogging.
- Fogging should only be conducted in areas where a dengue outbreak has been officially declared

5. Sustain Hydration

 Schools are encouraged to provide safe and accessible drinking water via hydration stations and other appropriate means





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 Learners and school personnel are encouraged to increase their fluid intake, particularly if experiencing symptoms such as fever, vomiting, or diarrhea, to prevent dehydration

COORDINATION WITH LGUS AND HEALTH AGENCIES

- Schools are urged to closely coordinate with their respective Barangay Health Workers, Rural Health Units, and Local Government Units in monitoring and/or reporting dengue cases to ensure timely response at the community level.
- 2. Schools must stay informed on any issuances, advisories, and guidelines provided by the Department of Health, updating protocols and practices as necessary to align with the latest public health recommendations.
- Schools must coordinate with DOH-accredited Dengue Centers of Excellence, as mandated by DOH Administrative Order No. 2021-0009, to ensure proper referral and treatment of severe dengue cases.
- **4.** Schools are strongly encouraged to partner with their respective LGUs in implementing community-based dengue prevention initiatives.

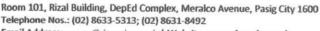
MONITORING AND COMPLIANCE

- All Regional and Schools Division Offices shall ensure strict and consistent implementation of dengue prevention measures across all schools in their respective jurisdictions
- 2. Principals/School heads are required to:
 - Organize and conduct regular dengue prevention activities and submit reports to their respective Schools Division Office, following existing guidelines
 - b. Monitor absenteeism trends as early indicators of potential dengue outbreaks
 - c. Immediately report suspected dengue cases to the nearest health facility

For wide dissemination & strict compliance.







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