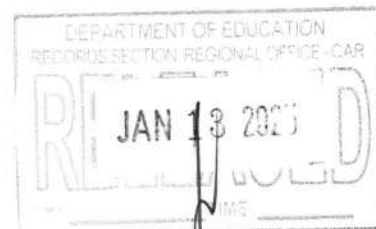




Republic of the Philippines  
**Department of Education**  
CORDILLERA ADMINISTRATIVE REGION



9 January 2025

**REGIONAL MEMORANDUM**

NO: 024.2025

**FINAL SCHEDULE AND VENUE OF THE NAVIGATING WELLNESS: CLUSTERED  
REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE  
HEALTH (ARH)**

To: Assistant Regional Director  
Schools Division Superintendent  
School Health Personnel Concerned  
All Others Concerned

1. In reference to DM-OUOPS-2024-09-06856 and RM No. 840 s. 2024 titled Rescheduling of Regional Symposium on Child and Adolescent Reproductive Health (ARH), this Office announces that the final venue of the activity will be at the Widus Hotel in Clark, Pampanga from January 20 to 24, 2025.
2. Check-in is at 2:00 pm on Day 1 (January 20), while the registration of the participants will start at 10:00 am. The first meal to be served is lunch. Check-out is at 12:00 pm on Day 5 (January 24).
3. Learner participants are required to submit the accomplished Parental Consent Waiver and Release and the Learner-Participant Consent, Waiver, Indemnity and Release.
4. Attached are the advisory dated November 22, 2024, and January 2, 2025, DM-OUOPS-2024-09-06856, Parental Consent Waiver and Release and the Learner-Participant Consent, Waiver, Indemnity and Release for reference.
5. For questions and clarifications please contact Georgina C. Ducayso, ESSD Chief at cellphone number 0928-781-6074 or Raymond S. Damoslog, Medical Officer IV through email at raymond.damoslog@deped.gov.ph.
6. Immediate dissemination and compliance with this Memorandum is directed.

  
**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/ Regional Director

Enclosure: As stated

*ESSD/GCD/Isan/ Final Schedule and Venue of the Navigating Wellness: Clustered Regional Symposium on Child and Adolescent Reproductive Health (ARH)*



Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601  
Telephone No: (074) 422 – 1318  
Email Address: car@deped.gov.ph



DepEd Tayo Cordillera



<https://depedcar.ph>





Republic of the Philippines  
Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**

OFFICE OF THE DIRECTOR

**ADVISORY**

January 2, 2025

1. In reference to the **DM-OUOPS-2024-09-06856**, titled **Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health**, this Office respectfully announces that the final venue of the Luzon cluster will be at the **Widus Hotel in Clark, Pampanga** from **January 20 to 24, 2025**.
2. **Check-in is at 2:00 p.m. on Day 1 (January 20)**, while the **registration** of the participants will start at **10:00 a.m.** The **first meal** to be served is **lunch**. **Check-out is at 12:00 p.m. on Day 5 (January 24)**.
3. The signed Request Authority to Change Date Re: Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health(Luzon Cluster) and its advisory are attached for reference.
4. In case of work suspension or holidays, **ROs and SDOs concerned are requested to grant compensatory time-off (CTO) to participating personnel**, as applicable, computed against the actual days that they participate in the activity, in accordance with existing Civil Service Commission rules and regulations. The grant may also be applicable to situations such as when personnel needs to travel a day before the opening (Sunday) or a day after the closing (Saturday) due to the availability of flights or if the activity falls within a national or local holiday.
5. For any concerns and clarifications, you may contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, or **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III, BLSS-SHD, at (02) 8-632-9935 or by email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph) and [arh@deped.gov.ph](mailto:arh@deped.gov.ph).

**DR. MIGUEL ANGELO S. MANTARING**  
*Director IV*  
*Bureau of Learner Support Services*  
*Officer-in-Charge*  
*Office of the Assistant Secretary for Operations*

D3802

**DepED**  
MATATAG

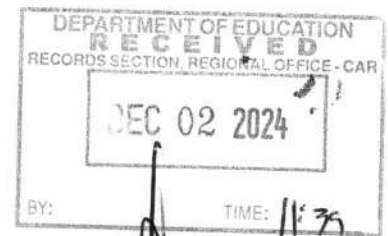


3F Mabini Building, DepEd Complex, Meralco Avenue, Pasig City  
Telephone No.: (02) 632-9935; (02) 8635-3763 | Email Address: [blss.od@deped.gov.ph](mailto:blss.od@deped.gov.ph)



Republic of the Philippines  
Department of Education

**BUREAU OF LEARNER SUPPORT SERVICES**





OFFICE OF THE DIRECTOR

**ADVISORY**

November 22, 2024

1. In reference to the **DM-OUOPS-2024-09-06856**, titled **Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health**, this Office regrets to announce that the Luzon cluster will be further postponed due to hotels in Clark, Pampanga are all fully booked for the whole month of December.
2. The activity will be rescheduled on **January 20-24, 2025**.
3. However, The pre-registration is extended until December 6, 2024. Regional focals are reiterated to facilitate the completion of pre-registration. The registration link is <https://bit.ly/3NvQvXI>.
4. The signed Request Authority to Change Date Re: Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health(Luzon Cluster) is attached for ready reference.
5. For any concerns and clarifications, you may contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, or **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III, BLSS-SHD, at (02) 8-632-9935 or by email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph) and [arh@deped.gov.ph](mailto:arh@deped.gov.ph).

  
**DR. MIGUEL ANGELO S. MANTARING**  
Director IV ✓  
Bureau of Learner Support Services 



Republic of the Philippines  
Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**

OFFICE OF THE DIRECTOR

**MEMORANDUM**

FOR : **ATTY. REVSEE A. ESCOBEDO**  
*Undersecretary for Operations*

THROUGH : **DR. DEXTER A. GALBAN**  
*Assistant Secretary for Operations*

FROM : **DR. MIGUEL ANGELO S. MANTARING**  
*Director IV*  
*Bureau of Learner Support Services*

SUBJECT : **REQUEST AUTHORITY TO CHANGE DATE RE: NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON ADOLESCENT REPRODUCTIVE HEALTH (LUZON CLUSTER)**

DATE : November 12, 2024

This Office respectfully requests to change the date of the conduct of Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health (Luzon Cluster), back-to-back orientation with the Peer Health Navigation, as follows:

REGION/ PARTICIPANTS	VENUE	DATE	
		FROM	TO
I	Within Clark, Pampanga	December 9-13, 2024	January 20-24, 2025
II			
III			
IV-A			
IV-B			
V			
CAR			
NCR			

The change is requested because all prospective venues are fully booked for the whole month of December 2024.

Attached is the previously signed OUOPS memorandum and request for a date change for ready reference.

Thank you for your consideration.



Republic of the Philippines  
Department of Education  
**BUREAU OF LEARNER SUPPORT SERVICES**

OFFICE OF THE DIRECTOR

**MEMORANDUM**

FOR : *[Signature]*  
**ATTY. REVSEE A. ESCOBEDO**  
Undersecretary for Operations

THROUGH : *[Signature]*  
**DR. DEXTER A. GALBAN**  
Assistant Secretary for Operations

FROM : *[Signature]*  
**ATTY. SUZETTE T. GANNABAN-MEDINA**  
Officer-in-Charge, Director IV &  
Bureau of Learner Support Services  
and Learner Rights and Protection Office

SUBJECT : **REQUEST AUTHORITY TO CHANGE DATE RE: NAVIGATING WELLNESS: CLUSTERED/REGIONAL SYMPOSIUM ON ADOLESCENT REPRODUCTIVE HEALTH (LUZON CLUSTER)**

DATE : September 11, 2024

This Office respectfully requests to change the date of the conduct of Navigating Wellness: Clustered/Regional Symposium on Adolescent Reproductive Health (Luzon Cluster), back-to-back orientation with the Peer Health Navigation, as follows:

REGION/ PARTICIPANTS	VENUE	DATE	
		FROM	TO
I	Within Clark, Pampanga	September 23-27, 2024	December 9-13, 2024
II			
III			
IV-A			
IV-B			
V			
CAR			
NCR			

The change is being requested due to the conflict of schedule of the host region, DepEd Regional Office III (Central Luzon).

Attached is the previously signed OUOPS memorandum for ready reference.

Thank you for your consideration.



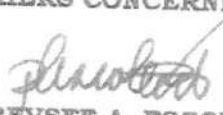


Republika ng Pilipinas  
Department of Education

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

MEMORANDUM  
DM-OUOPS-2024-09-02440

TO : REGIONAL DIRECTORS  
MINISTER, BASIC, HIGHER, AND TECHNICAL EDUCATION,  
BARMM  
SCHOOLS DIVISION SUPERINTENDENTS  
ESSD AND SGOD CHIEFS  
SELECT ARH FOCALS/COORDINATORS  
SELECT YOUTH FORMATION COORDINATORS  
SELECT SCHOOL HEADS  
ALL OTHERS CONCERNED

FROM :   
ATTY. REVSEE A. ESCOBEDO  
Undersecretary for Operations

SUBJECT : NAVIGATING WELLNESS: CLUSTERED/REGIONAL  
SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE  
HEALTH (ARH)

DATE : August 19, 2024

1. Pursuant to Republic Act No. 10354 known as the Responsible Parenthood and Reproductive Health (RPRH) Act of 2012, DepEd Order No. 31, s. 2018 or the Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE); and DM-OUOPS-2024-09-02440 titled Implementing Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of the Adolescent Reproductive Health Program for FY 2024, DepEd Regions III, VI, and XI in close coordination with the Bureau of Learner Support Services-School Health Division (BLSS-SHD) will be hosting an event titled: "Navigating Wellness: Regional/Clustered Symposium on Child and Adolescent Reproductive Health." The schedule is as follows:

Cluster	Dates	Venue
1	September 23-27, 2024	Within Region III (Central Luzon)
2	October 7-11, 2024	Within Region VI (Western Visayas)
3	November 4-8, 2024	Within Region XI (Davao Region)

2. The event is a back-to-back activity, a symposium, and an orientation on peer health navigation that will equip adolescents with the knowledge and support they need to confidently navigate their reproductive health and wellness choices. By focusing on education, peer navigation, and community engagement, this event seeks to create a supportive environment that fosters informed decision-making, referral, and enhanced

access to health services. The symposium's comprehensive approach will contribute to the overall well-being of adolescents, preparing them for a healthier future.

3. The activity specifically aims to:

- Educate Adolescents:** Provide comprehensive education on reproductive health topics, including puberty, STI prevention, mental health, and healthy relationships.
  - Empower Peer Support:** Train adolescents to become peer health navigators, equipping them with the skills to support their peers in making informed health decisions and accessing necessary services.
  - Promote Healthy Decision-Making:** Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being.
  - Enhance Service Access:** Improve access to reproductive health services by teaching adolescents how to navigate healthcare systems and utilize available resources effectively.
  - Community Partnership and Engagement:** Advocate for supportive community involvement, engagement, and referral in adolescent health.
- The event is coordinated closely with the host regions, which will provide the necessary administrative and logistical preparations and assistance in implementing the activity.
  - Participants per region are the **Regional ARH and CSE Focals, Guidance counselor representative, ARH Focals trained on Peer Health Navigation (PHN)** last August 7-9, 2024, **selected Schools Division Offices (SDO) ARH Focals** with their **Youth Formation Focals** and youth leaders. The number of participants is listed in **Annex A**. Please secure parents' consent for the learners' participation.
  - Regional Focals are requested to facilitate the identification of their participants. Please access the link to complete the list: <https://rb.gv/oda632>.
  - Regions are encouraged to set up the booth creatively to showcase their good practices. The booth can also incorporate elements of local culture, arts, and traditions, showcase success stories and testimonials highlighting regional initiatives that have positively impacted learners and educators, and show virtual tours, multimedia presentations, and interactive displays.
  - Meals and accommodation, supplies and materials, advocacy and training kits, honorarium and tokens of appreciation, and travel expenses of the host participants and of the resource persons and facilitators will be charged to the host region's ARH program support funds (PSF). However, participants' travel expenses from other regions and SDOs will be charged to the sending offices' ARH PSF. All expenses are subject to the usual accounting and auditing rules and regulations. The RO/SDO is requested to augment any fund shortages.
  - For questions and clarification, please contact **Dr. Maria Corazon C. Dumlao**, Chief Health Program Officer, and **Ms. Phanny S. Ramos**, Health Education and Promotion Officer III of BLSS-School Health Division, via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph), copy furnished [arh@deped.gov.ph](mailto:arh@deped.gov.ph), or telephone number (02) 8632-9935.

BLSS-SHD/PSR





Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR OPERATIONS

**Annex A.**

**PARENTAL CONSENT WAIVER and RELEASE**

I, \_\_\_\_\_, as the parents or legal guardian of \_\_\_\_\_, hereby acknowledge that I have been informed of the details of the **CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH) CUM PEER HEALTH NAVIGATION TRAINING (LUZON CLUSTER)** and hereby state/declare that:

1. I give Full Consent for our child/ward \_\_\_\_\_ to participate in the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training to be conducted by the Bureau of Learners Support Services-School Health Division (BLSS-SHD) of the Department of Education (DepEd) on **January 20-24, 2025** at **Widus Hotel in Clark, Pampanga**;
2. I acknowledge that I have been informed of the details of the conduct of the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training;
3. I understand that my child/ward's in-person attendance at the event will include associating with teachers, fellow learners and school personnel, and other persons inside and outside of the school that may put my child of transmission of any communicable disease, notwithstanding the precautions undertaken by the implementing team to avoid such transmission;
4. I acknowledge that our child's participation in this activity is completely voluntary and he/she may decline to participate at any time for any reason. While there remains the risk of possible transmission of any communicable diseases to my child/ward, and to the members of my household, I freely assume the said risk and I permit my child/ward to attend this activity;
5. To the best of my knowledge, my child/ward is in good physical condition and I confirm that he/she does not have any symptoms for communicable disease;
6. I will not allow our child/ward to participate in the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training if he/she or any member of my household develops any of the said symptoms or any other symptoms of illness that may or may not be related to any communicable disease. I will also inform the school/division and not allow my child/ward to attend the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training, if he/she or any members of my household test positive for any communicable disease;
7. I give full permission in any recording or picture taken of my child/ward during the conduct of the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training and to use for purposes of documentation my child's/ward's images,



contribution, or performance in any publication created by or for the BLSS-SHD and to release this material to DepEd official platforms in accordance with the provisions of Republic Act No. 10173 otherwise known as the Data Privacy Act of 2012;

8. I conform/agree to the collection and/or processing of any personal information and data from myself and my child/ward, that are necessary to successfully host the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training event, in accordance with the provisions of Republic Act No. 10173 otherwise known as the Data Privacy Act of 2012;
9. I agree and understand the commitment of my child/ward as a participant and will support his/her endeavor to meet the expectations, guidelines, and responsibilities with his/her fellow participants and to DepEd;
10. To the extent allowed by law and rules, I hereby agree to waive, release, and discharge any and all claims, causes of action, damages and rights against DepEd relative to the conduct of the activity;
11. With full understanding, I hereby freely and voluntarily give my consent to my child/ward's participation in the activity. I also attest that I had sought the views of my child and he/she has expressed a willingness to participate in the activity; and
12. By signing below, I acknowledge and represent that I have read this document, took time to understand it, and eventually sign it voluntarily as my own free act and deed.

Signed this \_\_\_\_\_ day of \_\_\_\_\_ 2024 at \_\_\_\_\_, Philippines.

\_\_\_\_\_  
Signature over Printed Name of  
Parent/Guardian

\_\_\_\_\_  
Contact Details (Mobile Number)

\_\_\_\_\_  
Name of Child/Ward

\_\_\_\_\_  
Date

\_\_\_\_\_  
Address

\_\_\_\_\_  
Home/Mobile Number

## Annex B.

### LEARNER-PARTICIPANT CONSENT, WAIVER, INDEMNITY and RELEASE

1. I, \_\_\_\_\_, agreed to participate with the consent of my parents and/or legal guardian in the **CLUSTERED/REGIONAL SYMPOSIUM ON CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH) CUM PEER HEALTH NAVIGATION TRAINING (LUZON CLUSTER)** to be conducted by the Bureau of Learner Support Services-School Health Division (BLSS-SHD) of the Department of Education (DepEd) on **January 20-24, 2025** at Widus Hotel in Clark, Pampanga, Capiz;
2. I give permission to the DepEd and its representatives to make recordings of my voice and to take photographs and/or videos in which I appear in, to be used for the communications and various public campaigns of the Agency be it in print, broadcast, and/or electronic media, at the event and location stated above subject to limitations of applicable and relevant laws, rules, and regulations;
3. I conform/agree to the collection and/or processing of any personal information and data, that are necessary to successfully host the Clustered/Regional Symposium on Child and Adolescent Reproductive Health (ARH) Cum Peer Health Navigation Training event, in accordance with the provisions of Republic Act No. 10173 otherwise known as the Data Privacy Act of 2012;
4. I have read and understood completely the accompanying letter and information leaflet, and therefore know the purpose of the project/activity and my participation therein; and
5. With full understanding, I hereby freely and voluntarily give my consent to my participation in the activity.

\_\_\_\_\_  
Signature over Printed Name of  
Learner-Participant

\_\_\_\_\_  
Name of School

\_\_\_\_\_  
Age

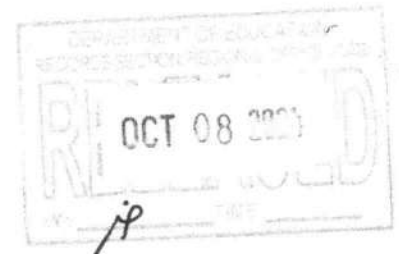
\_\_\_\_\_  
Date

\_\_\_\_\_  
Address

\_\_\_\_\_  
Home/Mobile Number



Republic of the Philippines  
**Department of Education**  
CORDILLERA ADMINISTRATIVE REGION



4 October 2024

**REGIONAL MEMORANDUM**

NO: 700.2024

**NAVIGATING WELLNESS: CLUSTERED REGIONAL SYMPOSIUM ON  
CHILD AND ADOLESCENT REPRODUCTIVE HEALTH (ARH)**

To: Assistant Regional Director  
Schools Division Superintendent  
School Health Personnel Concerned  
All Others Concerned

1. This office disseminates **DM-OUOPS-2024-09-6856** titled **Navigating Wellness: Clustered/ Regional Symposium on Child and Adolescent Reproductive Health (ARH)**. The activity will be held from December 9 to 13, 2024 within Clark, Pampanga.

2. Participants from DepEd -CAR are as follows:

Name	SDO/Office /School	Position
Raymond S. Damoslog	Regional Office-ESSD	Medical Officer IV
Asterio C. Madalla	Regional Office- CLMD	EPS
Maribel T. Belgica	SDO Baguio	Guidance Counselor
Roselle Kristine Waguig	SDO Benguet	Nurse II
Cecile M. Mayam-o	SDO Ifugao	Nurse II
Beatrix Fos-oy	SDO Kalinga	Nurse II
Vernalyn Pascua	SDO Apayao	Nurse II
Erwin S. Bagsiyao	SDO Mt. Province	Nurse II
Janice Mangaoang	SDO Tabuk City	Nurse II
Karren Mae Paganao	SDO Abra	Nurse II
Elnora Tunge	SDO Ifugao	PDO I
Menelyn Dacanay	SDO Kalinga	PDO I
Freddie C. Juan	SDO Apayao	PDO I
Beverly Maranes	SDO Mt. Province	PDO I
Daisy May Bucao	SDO Tabuk City	PDO I
Everly Kinguingan	Ifugao	Youth Leader- Ifugao
Maira Lumauig	Ifugao	Youth Leader- Ifugao
Gia Harmony Juan	Rizal National School of Arts and Trade	Youth Leader- Kalinga
Tristan F. April	Malagnat National High School	Youth Leader- Kalinga
Angel Ella Lacar	Pudtol Vocational High School	Youth Leader- Apayao



Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601

Telephone No: (074) 422 – 1318

Email Address: car@deped.gov.ph



DepEd Tavo Cordillera



<https://depedcar.ph>



John L. Dadis	Mataguisi Comprehensive NHS	Youth Leader- Apayao
Lorelle Likigan	Sabangan National High School	Youth Leader- Mt. Province
Jerry Gayaso	Dacudal National High School	Youth Leader- Mt. Province
Kian Dagohoy	Tabuk City National High School	Youth Leader- Tabuk City
Rhia Longan	Kalinga National High School	Youth Leader- Tabuk City

3. All participants are requested to register on this link: <https://rb.gy/oda632>.
4. Attached is the DM-OUOPS-2024-09-6856 and Memorandum of Request Authority to Change Date re: Navigating Wellness: Clustered / Regional Symposium on Child and Adolescent Reproductive Health (ARH).
5. Travelling expense of participants shall be charged to local funds subject to the usual accounting and auditing rules and regulations.
6. For questions and clarifications please contact Georgina C. Ducayso, ESSD Chief at cellphone number 0928-781-6074 or Raymond S. Damoslog, Medical Officer IV through email at [raymond.damoslog@deped.gov.ph](mailto:raymond.damoslog@deped.gov.ph).
7. Immediate dissemination and compliance with this Memorandum is directed.



**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/Regional Director



Enclosure: As stated